

# Home Maintenance Assessment

## 1. ElderCare 4 Families

Sometimes as we age, we become less able to handle the day-to-day tasks necessary to take proper care of ourselves. The ability to handle activities of daily living (personal care), home care (environmental safety and cleanliness) and orientation and mood are areas that children should assess when deciding if their parents are still safe, healthy and happy in their homes by themselves. This mini-assessment can be done discreetly and most adult children are able to complete it successfully.

If, based upon either the outcome of a visit or a telephone conversation, you feel there is a problem you should take immediate action.

1. Is their home more cluttered than it used to be?

Is it being kept as clean as it used to be kept?

Yes

No

2. Are things put away in cupboards as usual?

Yes

No

3. Is clothing being put away as usual?

Yes

No

4. Is the refrigerator clean?

Yes

No

5. Is the food in the home still fresh?

Yes

No

6. Is there unopened mail and/or overdue bills?

Yes

No

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7. Is the lawn being mowed, snow being removed, gutters being cleaned and other general maintenance being done on their home?

Yes

No

8. Are there safety concerns in the home such as throw rugs, too many furnishings in one room, unsafe conditions in the kitchen and/or bathrooms?

Yes

No